



Child Psychologist Job Opening

Job Type: Hourly Employee (W2) – Hybrid (2 days/week in DC office)

About Us

The Perfect Therapy Group (PTG) is a growing, private-pay mental wellness practice serving clients nationwide. Our main office is located in Washington, DC (Dupont Circle) and clinicians can provide telehealth services in the DMV area as well as PSYPACT-participating states.

Our team believes in providing tailored, high-quality care to our client population, which is focused on top performers and perfectionists. Sub-populations include athletes and third culture kids (i.e., immigrants, first- and second-generation Americans, ex-pats). The main clinical areas that our group treats are anxiety, perfectionism, sleep, sport- or performance-related issues, and multicultural concerns.

We want to provide innovative services that meet the needs of our community. A primary goal of ours is to help clients and staff members find sustainable ways to lead a driven, meaningful life with balance (i.e., preventing burnout). Our practice currently offers individual and group therapy services, and actively creates and disseminates evidence-based tips and resources (via blogs/social media posts, and webinars).

PTG was founded by Dr. Vicki Anagnostopoulos, a former college soccer player and third culture kid (first-generation Greek-American). She previously maintained a busy solo practice for several years before expanding to a group practice in 2024 to meet referral demands. In addition to providing sought-after psychotherapy services to the community, Dr. Vicki has been serving as a business consultant and mentor for early career psychologists and has gathered significant business acumen over the course of her tenure as a practice owner.

The group's vision is to become the "go-to" practice for top performers, athletes, and third culture kids. Additionally, we are aiming to develop a quality training program for post-docs and, eventually, doctoral externs. Our team currently consists of a licensed psychologist, 3 post-doctoral fellows, a certified life coach, and two administrative assistants. In the next few years we hope to add a couples and family therapist, a child psychologist, a medication prescriber, a psychological assessment provider, and a lifestyle medicine provider.

As a team, we value balance, transparency and feedback, humility and accountability, team strength, and mental agility. We want folks on staff who like to provide consistent, transparent feedback to continually improve processes, services, and workplace culture.

PTG is an ideal place for someone looking for a tight-knit team of therapists who love their jobs, work well with others, and value community engagement. Professional development and upward mobility will be available as the practice grows.

Job Description

PTG is now seeking a licensed, doctoral-level clinician who specializes in OCD treatment (ERP) to work with kids, parents, and young adults. This clinician may also have opportunities to provide group therapy, supervise post-doctoral fellow(s), and community engagement (for example: participating in community tabling events, psychoeducational webinars, etc.). Additionally, opportunities are available to write online content (ex. [Blogs](#) or [social media posts](#)). Providers trained in ERP (exposure & response prevention therapy) are highly preferred. Familiarity with habit reversal training for body-focused repetitive behaviors is also preferred in addition to basic behavior parent training principles for reinforcing ERP skills. Must have availability for 6 to 8 hours per week of appointments after school hours (3:30 or later).

Applicants with specialties in one or more of the following clinical areas are preferred: OCD and anxiety. There will also be room to add other types of clients to the clinician's caseload based on their interests. This opening is intended to begin on a part-time basis and grow into a full-time position (22-25 clients/week). At full-time capacity, the clinician would be working about 25-30 total hours per week (primarily direct client hours, as well as a combination of weekly team meetings, admin time, case consultation, supervision, psychoeducational webinars for the community, and/or contributing to marketing efforts). Attendance at our virtual team meetings is required on Wednesdays from 2:00 - 3:00PM in addition to availability for peer consultation.

Ideal Applicants:

- Must have completed their PhD/PsyD from an APA-accredited program
- Must be licensed or license-eligible in DC
 - Preference for providers who are already licensed or willing to be licensed in MD and VA, and obtain their APIT (PSYPACT)
- Must be ERP trained with a minimum of four years working with children
- Like working with children, teens, and young adults who are top performers, perfectionists, athletes, or third culture kids
- *Strong* interest in engaging in supervision of postdoctoral fellows and trainees, in addition to training and mentoring

- Enjoy teamwork and connecting with others – with PTG staff, as well as with the community (e.g., providing webinars, running groups)
- Have a commitment to providing multiculturally competent care

Job Offers:

- W2 employee position with competitive pay
- Pay based on billable hours performed
- \$100/clinical hour (individual), \$50/admin hour (ex. team meeting, peer consultation, blog writing/social media content)
- \$1500 starting bonus
- Annual \$500 professional development reimbursement
- Paid Sick and Annual Leave
- Beautiful office space (in DC – Dupont Circle)
- Client referrals and marketing
- Administrative support
- Weekly team meetings
- Consultation for challenging cases
- Group case consultation options
- Upward mobility and growth within the practice
- EHR, phone, and email address
- Malpractice insurance covered
- Hybrid work (where the clinician would work in our office part of the time and at home part of the time).
- Freedom to create or expand upon applicant's own clinical interests, depending on overlap with PTG's client population. For example, trauma, OCD, recovering post-injury, health psychology, ADHD, disordered eating, etc.
- Schedule flexibility and support for additional licensure processes
- Anticipated benefits to be added in the future (ex. 401(k) beginning 1/1/2027, health insurance)

PTG places a high value on its staff and has cultivated a workplace culture of collaboration, mutual respect, open communication, and a structure that encourages work/life balance. Please refer to our website for more information (perfecttherapygroup.com).

We would love to talk to you about how your skills could fit in with our areas of expertise!

To Apply:

Please send your CV and letter of interest to admin@perfecttherapygroup.com, addressed to the Director. Be sure to read the specific instructions for these documents in the [Careers section of our website](#).

Applications will be reviewed on a rolling basis until the positions have been filled. Exact start date can be flexible.